



The International School
of Choueifat - Lahore

Careers Fair 2015

Shadow Teacher's® Day

High Achievers' Ceremony

Book Fair

The Pop Corn Search Challenge

Cooking Competition

DOA – Fun Day

Earthquake Relief Campaign

Energy Bus

Inter-House Sports Tournaments

Little Champs Art Competition

Swimming Athletes

Conference on Emerging Trends in
Early Childhood Education

LUMS Undergraduate Case Study:
ISC-Lahore

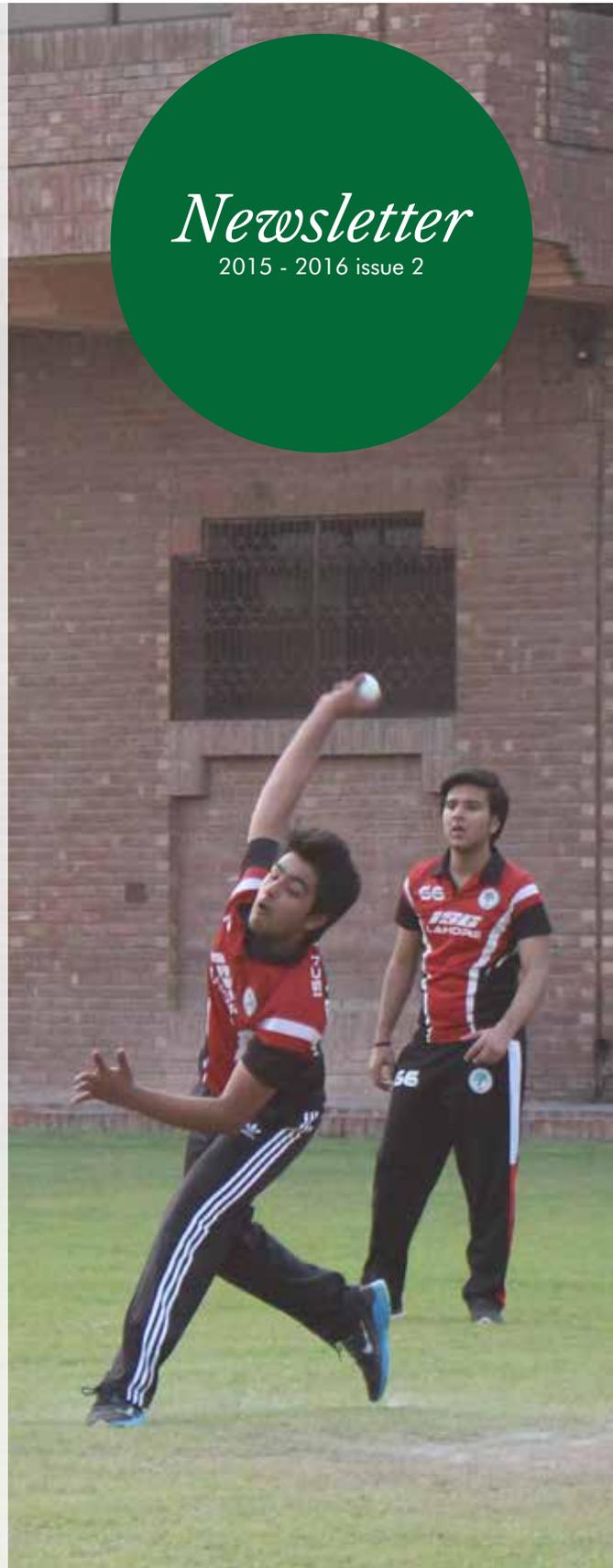
Professional Development
Workshop on "How to Overcome the
Dislike"

Training Held by Cambridge
International Examinations

Staff Holiday Dinner

Newsletter

2015 - 2016 issue 2



SABIS® Educational Summer Camp 2016

10th Anniversary

4-Week Program | July 18th to August 12th

2-Week Program | July 18th to July 29th



1 Academic Offerings (SAT Preparation)

2 Sports & Activities

3 Cultural Activities & Trips

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Features

5



Shadow Teacher's® Day

Shadow Teacher's® Day, as always, is a great learning experience for students and Shadow Teachers® alike.

Book Fair

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9



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Inter-House Sports Tournaments

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Headlines

- 3 Careers Fair 2015
- 5 Shadow Teacher's® Day
- 6 High Achievers' Ceremony
- 7 Book Fair
- 8 The Pop Corn Search Challenge
- 9 Cooking Competition
- 10 DOA – Fun Day
- 11 Earthquake Relief Campaign
- 11 Energy Bus
- 12 Inter-House Sports Tournaments
- 13 Little Champs Art Competition
- 14 Swimming Athletes
- 15 Conference on Emerging Trends in Early Childhood Education
- 15 LUMS Undergraduate Case Study: ISC-Lahore
- 15 Professional Development Workshop on "How to Overcome the Dislike"
- 15 Training Held by Cambridge International Examinations
- 16 Staff Holiday Dinner



Careers Fair 2015



ISC-Lahore's 6th Annual Careers Fair

On November 11, 2015, The International School of Choueifat – Lahore (ISC-Lahore) was proud to host its 6th Annual Careers Fair.

This year, the event was supported once again by our old friends, Beaconhouse National University, Navitas, INTO University Partnerships, University of Warwick Queen Mary University, London, and new comer, University of Dundee. Over 85 universities were represented at the event including institutes from Australia, Canada, U.S., Northern Cyprus, Turkey, China, Sweden, Dubai, Malaysia, and Pakistan. Students were exposed to technical colleges, liberal arts universities, culinary institutes, art and design colleges, as well as traditional comprehensive universities. Students got to talk to actual graduates of many of the universities represented, view examples of students' work, and even got to participate in a live cooking experience and the tasting of gastronomic delights from the School of Culinary and Finishing Arts (SCAFA), Lahore, prepared by Chef Cristobel and his team.

The Careers Fair is an annual event organized by ISC-Lahore's University Advising Team. It provides an invaluable opportunity for students, parents, and faculty to hear first-hand from the representatives of national and international universities about course options, scholarships, work study opportunities, and campus life.

ISC-Lahore's University Advising Team works to help students make choices about their academic future and to assist them to prepare for university education. It advises students from Grade 8 onwards and regularly arranges university presentations and university visits so that students may get a flavor of what to expect from a particular institute. Some of the presentations and visits arranged this year included:



Presentation by University of Algoma, Canada



Visit to the British Council & Education UK Education Expo



Visit to the South Asia U.S. College Fair at the United States Education Foundation in Pakistan office



Presentation by University of Sheffield, U.K.



Presentation by Regents University of London, U.K.



Presentation by Middle Eastern Technical University, Northern Cyprus Campus



Presentation by Cardiff University, Wales, U.K.



Presentation by Coventry University, U.K.



Presentation by Habib University, Karachi, Pakistan



Campus tour and information session by Beaconhouse National University, Lahore, Pakistan

Upcoming in January 2016:

ISC-Lahore will be hosting a mini Education Expo for Turkish Universities. Institutes participating will be:



Editorial Board:

- Ms. Margo Abdel Aziz
Director, ISC-Lahore
- Mr. Abdullah Idilbi
Head, SLO® Department
- Ms. Rizwana Imtiaz
Head, English Department
- Ms. Aruba Shabkhez
Assistant, University Advisor
- Mrs. Fariyal Barque
Coordinator, Grades 2-4
- Sarah Zenab Arshad, 11A
- Alexandros Ali Khan, 10A

CONNECT WITH SABIS® THROUGH:



17 University Visits, 13 cities, 3 states - In Less Than Two Weeks

Education U.S.A. and the United States Educational Foundation in Pakistan (USEFP) took fourteen school counselors from Islamabad, Lahore, Karachi and Attock on an intense, two-week tour of U.S. colleges and universities that spanned thirteen cities in Iowa, Illinois, and Indiana between April 18 and 30, 2015. I was proud to represent The International School of Choueifat – Lahore as part of this delegation.



The weather was cold, when we landed on Saturday, April 19, at Chicago O'Hare International Airport. The welcome from every university we visited, was incredibly warm, our visits included large public schools with over 20,000 students to small selective private schools with a population of only 2,000 students.

The tour included panel discussions and regional workshops at Kirkwood Community College, Iowa State University, and the University of Northern Iowa, as well as networking opportunities hosted by the University of Southern Indiana, University of Evansville, Indiana University, Purdue University at Indianapolis, and Valparaiso University. The counselors also had the privilege of participating in the Illinois School Counselor Association Annual Conference where we met our U.S. counterparts to gain first-hand experience with the U.S. higher education admissions processes, including writing letters of recommendation, tuition and financial aid, regulations governing work options, and the offerings of different institutions based on school size, location, and available programs.



We returned after the two-week program better equipped to guide students who wished to study in the United States. The brief but valuable exposure to the U.S. way of life and culture, as well as the priceless interaction with students, faculty, and admissions officers alike provided up-close insight to studying and living in the U.S.

Fozia Arshad
University Advisor

*Shadow
Teacher's® Day*

Shadow Teacher's® Day, as always, is a great learning experience for students and Shadow Teachers® alike. The Shadow Teachers® learn many skills that are bound to help them in their life, such as public speaking and leadership skills. These are some of the individual advantages of Shadow Teachers®. This method also has a greater advantage overall; it creates and sustains a relationship between tutors and tutees, as well as teachers and students. For all of these reasons, Shadow Teaching® is an effective way to assist and evolve the learning dynamics in a class.

Alex Khan, 10A
Senior Prefect of SABIS® AMS



High Achievers' Ceremony

On November 17, 2015, the High Achievers' Ceremony was organized and hosted by USEFP in Lahore. Our Grade 12 students Rehan Saleem Hafeez, Shafay Haq, and Javeria Ashraf were acknowledged for their outstanding results in the external exams.

Congratulations to our students on their achievements and we are looking forward to celebrating more impressive accomplishments.

Mr. Abdullah Idilbi
Head of SLO® Department



Book Fair

The International School of Choueifat Lahore's annual Book Fair was held on January 19 and 20, 2016. It was a grand occasion tempting the visitors with phrases like, "All for books and books for all." The activities hall was segmented into many stalls managed by respective vendors. An immense variety of genres was on display. The entire school including parents attended the fair. ISC-Lahore generously contributed to the school's library by purchasing several books. It was a well-organized event to encourage the students to read books. ISC-Lahore looks forward to hosting several book fairs in the years ahead.

Ms. Fariyal Barque
Coordinator, Grades 2-4



The Pop Corn Search Challenge

Students of Economics and Business Studies participated in an exciting business game called the "Pop Corn Search Challenge" organized by the ACCA on November 3, 2015. This energizing business simulation was developed to provide students with an understanding of introductory accounting and finance skills through planning and staging a musical event. The competition taught the students to make a series of business decisions that would have a financial impact on the end profit that they calculated. The team with the highest profit was chosen for the final round. This game also helped students develop skills in teamwork, communication, critical thinking, problem solving, and presentation. The challenge was an amazing experience for everyone who participated in it.

Shafay Haq, 12A



Cooking Competition

The inaugural ISC-Lahore cooking competition, "So, You Think You Can Cook" was held on December 14, 2015, with twenty of our passionate and talented young chefs across grades 7 to 12 participating. From the pool of talents, four students were chosen to represent ISC-Lahore at the Inter-school Master Chef Competition held in Bahria Town School on January 9, 2016. Facing the tough challenge of competing against six other teams who are taking 'O' Levels in Food and Nutrition, our team of culinary enthusiasts received a consolation prize. Kudos to all members of the ISC-Lahore Master Chef team: Palwisha Rana (Grade 10B), Areej Faisal (Grade 11B), Faiqa Akram (Grade 11B), and Rameen Zubaida (Grade 11B).

Ms. Ezel Riaz
Head of Chinese Department



DOA – Fun Day

ISC-Lahore started the 'Sponsor a Child' Campaign in collaboration with Door of Awareness in February, 2014. This academic year, it was decided to take it a step further by inviting the children from DOA's center number 9 to our school to meet their sponsors and to establish a bond with them. On November 14, 2015, we held the Door of Awareness Sponsorship event at ISC- Lahore where students from DOA's center number 9 (40 in total) were organized into 4 groups. There were a total of four activities: sports, arts and craft, story time, and playground games. After the activities were over, all sponsors and students sat together in the school cafeteria and had lunch after which there was a small closing ceremony in which goody bags were distributed to all the Door of Awareness students. The event was a great experience for all who attended.

Sarah Arshad, 11A
Deputy Head of SLO® Social Responsibility Department



Earthquake Relief Campaign

The northern parts of Pakistan were jolted by an earthquake on November 22, 2015. The earthquake destroyed peoples' homes and left them without any basic necessities. A day after the earthquake took place, the SABIS Student Life Organization® put an earthquake relief campaign into action. We explained to students the situation of the affected people and asked them to donate blankets, clothes, non-perishable food items, and anything else that could help the survivors. After two weeks of the campaign, we handed over our donations to the Edhi Foundation who then delivered the items to the people in the affected areas.

Sarah Arshad, 11A
Deputy Head of SLO® Social Responsibility Department



Energy Bus

On November 12, I was given the opportunity to make a presentation before the teachers of ISC-Lahore at the Professional Development Workshop. I presented one of my favorite segments from the SABIS® Student Life Training Camp I attended in Greece last summer: The Energy Bus. It is all about positivity and direction in your life. You drive your own bus, plan your own route, and pick your own passengers, and through positivity and willpower, you can turn around any situation. I was the first one up to speak on the morning of the workshop therefore it was fitting that I gave a presentation on synergy, helping others and, self-belief, when I had learnt so many of these things from my teachers. The presentation went off without a hitch, and hopefully taught the teachers a new way to see life. I am very glad that I got to give this presentation on a set of principles so integral to our school and the SABIS Students Life Organization®.

Osman Khan, 11A
Deputy Head of SLO® Management Department



Inter-House Sports Tournaments

The Inter-house sports tournament had everything an aspiring sportsman could hope for. It had challenge, excitement, and competition. Being one of the main organizers, it was hard managing all the matches in a span of two weeks but our hard work paid off. The competition was intense and the best part was that we were able to see people who never even played sports come out and support their respective teams. After some serious competition, the Wolves were able to win in basketball. In cricket, again it was the Wolves who won. As for football, the result was decided on goal difference as Falcons edged out the Stallions. Regarding the Lions, they were able to triumph in volleyball. Considering the close results of these sports it would be difficult to pick the winner, but in the end it was the Wolves who won the Inter-house and were able to achieve their goals. The tournament was a great success.

Nofal Shahid, 12B
Deputy Head of SLO® Sports & Health Department



Little Champs Art Competition

This academic year, ISC-Lahore's little artists from grade 2-9 participated in the Little Champs Art Competition. The theme this year was Mother. Each student had to design a card for his/her mother thanking and acknowledging her for her efforts. Our students put a lot of thought, effort, and emotion into each one of their cards and their hard work truly shone through. Out of the 12 participants from ISC-Lahore, 3 of them were awarded medals; Hafsa Abid (Grade 9) and Musa Faisal (Grade 9) won gold medals while Aazan Faisal (Grade 3) was awarded a bronze. ISC-Lahore was also presented with a shield during a ceremony which was held at the school in the presence of parents, teachers, and students to celebrate the achievements of these very talented individuals.

Sarah Arshad, 11A
Deputy Head of SLO® Social Responsibility Department



Swimming Athletes

It has been a very busy swimming season for our ISC-Lahore swimmers, especially Maya Omar (Grade 7) and Reebal Ashfaq (Grade 9).

Not only are our swimmers renowned in the province of Punjab but at the national level as well. Our swimmers have participated in a total of 9 competitions this year. Maya has won a total of 19 gold medals and 4 trophies for Best U-12 Swimmer. In addition, Reebal has won 30 gold and 12 bronze medals as well as a trophy for Best U-14 Swimmer. Abdullah Ashfaq (Grade 6) has also been declared the best swimmer in U-12 category with 10 gold, 8 silver, and 15 bronze medals. All our students showed exceptional performance at the national games and made their school very proud. Our girls' team also took home the trophy in 3rd position at the recently held Inter-School Swimming Championship.

Mahnna Chaudhary, 11B
Head Girl of the SABIS SLO®



Conference on Emerging Trends in Early Childhood Education

Mrs. Sheikh, the AQC for the Junior School and Ms. Ayesha Malik attended a conference on Emerging Trends in Early Childhood Education on November 7, 2015, at Ali Institute. Two of the workshops placed great emphasis on Play-Based Learning, which is a new concept for Pakistan. These sessions highlighted the role of play in early learning in the following ways:

1. Cognitive— language development, problem-solving, creativity, thinking skills.
2. Social— interaction with others, negotiation, compromise.
3. Emotional—dealing with anger, frustration, fears.
4. Physical— fine and gross motor skills.

The participants learnt many ideas to further enhance the children's learning skills through play.

Ms. Ayesha Malik
KG1 Teacher

LUMS Undergraduate Case Study: ISC-Lahore

A group of undergraduate students from Lahore University of Management Sciences (LUMS) studying Organizational Behavior, recently visited ISC-Lahore in order to carry out research for a project entitled, "Study of best practices and cultures of schools in Lahore". The purpose of this project was to compare schools with regards to their organizational structure and functioning, rather than comparisons based on the students or the school results.

While visiting ISC-Lahore, the project group met with members of the administration and faculty to gauge their outlooks on the professional environment of ISC-Lahore. The findings of the project are to be shared with the Organizational Behavior class and instructor at LUMS.

On completion of the project, the group said, "ISC-Lahore, like all other schools, has its own unique blend in terms of culture, but what really sets it apart is that the school is aware of the fact that the professional culture of the organization impacts the students as well, thus attempts to mold their culture into one more geared towards effectiveness rather than showboating."

ISC-Lahore wishes the undergraduate researchers at LUMS the very best of luck with this project and their studies.

Ms. Fozia Arshad
University Advisor

Professional Development Workshop on "How to Overcome the Dislike"

To promote a healthy working environment, the teaching and administrative staff of ISC-Lahore attended a Professional Development Workshop on November 14, 2015. In a highly interactive session, Ms. Shazia Bukhari highlighted the advantages of working with a diverse workforce. As individuals, we all have our likes and dislikes. However, to work effectively and professionally we need to overcome our "dislikes". Therefore participants learnt how to use empathy and friendliness to minimize personal conflict. Ms. Shazia also encouraged the audience to identify their weak areas and focus on their positive traits because attitudes can be changed through positive behavior.

Ms. Rizwana Imtiaz
Head of English Department

Training Held by Cambridge International Examinations

In an effort to provide ongoing teacher training, ISC-Lahore arranged to send teachers to attend a workshop on November 21, 2015, held under the auspices of CIE. The nominees were Dr. Sarwat for Biology, Ms. Asfa Rehman for Physics, and Ms. Sajeela Ali for Mathematics. The aim of the workshop was to emphasize on how teachers can help students to perform better in the O-Level exams. It also highlighted marking criteria and common errors made by students.

Ms. Sajeela Ali
Mathematics Teacher

Staff Holiday Dinner

The evening of December 18, 2015, marked a joyous event as the staff of ISC-Lahore got together to celebrate the upcoming holidays and an early new year. Our host for the evening Ms. Margo, dressed in red, welcomed everyone with a warm greeting. The ice-sculpture saying 'ISC' was a major hit of the evening making a perfect backdrop for the pictures being taken to store the day in everyone's memory. The Activities Hall was decorated beautifully to lighten the mood and to mark the celebration. The biggest surprise of the evening was the number of talented teachers who were discovered that day. The junior school teachers arranged games for entertainment which included singing a song to the tune being played. The entire staff was given a box of treats that included a band saying "Equipped for Success" and delicious chocolates to keep the holiday spirit alive.

Ms. Fatima Saeed
English Teacher (Middle School)



662-G/1, Abdul Haque Road, Johar Town, Lahore, Pakistan 54700
Tel: (+92) 423 530 0028/9 Fax: (+92) 423 530 0035
E-mail: islahore@sabis.net Website: islahore.sabis.net

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